



RISK FACTORS FOR CONSIDERING ACUTE INPATIENT HOSPITALIZATION

There are many behaviors, feelings and factors that can require a child or adolescent to be cared for in an acute inpatient program. Some risk factors include but are NOT limited to:

- Current thoughts, words, and/or plans to harm themselves or others
- Unable to agree to a safety plan
- Experiencing feelings of sadness, anger, fear, depression and other emotions that are over whelming and unmanageable

Our Clinical Assessment Team is available 24 hours a day to talk with you about your child and work with you to determine the best next step.

FREE MENTAL HEALTH RISK ASSESSMENTS

24 HOURS A DAY

7 DAYS A WEEK

NO REFERRAL needed from a doctor, emergency room or mental health professional.

CALL to schedule an assessment.

OTHER SERVICES WE PROVIDE

Partial Hospitalization Program:

- For adolescents ages 11-17
- Monday - Friday, 8:30am - 5:00pm

Long-term Residential Program:

- For adolescents ages 11-17
- Length of stay is based on individual treatment goals

860 Kempsville Road
Norfolk, VA 23502
(757)461-4565
Toll Free: (877)409-2228
www.kempsvillecenter.com

Accredited and Licensed by:

The Joint Commission (TJC)

Virginia Association of Independent Specialized Education Facilities (VAISEF)

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

TRICARE Certified

ACUTE INPATIENT HOSPITALIZATION

Supporting the Mental Health Needs of Children and Adolescents



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ADMISSION

My child/adolescent is in crisis. Now What?

Kempsville Center for Behavioral Health (KCBH) has a Clinical Assessment Team. A member of this team will meet with you and your child to find out what is going on. They will review the information with a psychiatrist to make sure that acute hospitalization is the best next step. This is a FREE assessment!

If admitted, what does my child need to have/bring to KCBH?

No clothing with strings, belts, or that is tight fitting/revealing in any way. Several days' worth of clothes is recommended. We provide toiletries. NO Electronics, jewelry, razors, make-up, blankets, pillows, comforters or food. If your child is being admitted to the Child Program (ages 4-10), they may have a small stuffed animal during their stay.

TREATMENT

Who will my child be working with during their stay?

The team includes a psychiatrist, therapist, nurses and mental health technicians. During the stay, your child will receive individual, group, activity, family therapy and medication management.

LENGTH OF STAY

How long will my child be at KCBH?

Treatment is different for every child. The average length of stay for the acute program is a week. Your child's psychiatrist or therapist will talk with you more about this after the first few days of treatment.

VISITATION

When can I see my child?

Each program has three days of visitation a week. Two immediate family members can visit at a time. Each visitor must be on the approved visitor list. The days and times for your child's program are in the handbook you will receive at admission.

What can I bring to visitation?

Please do not bring any items to visitation. Purses, electronics, cell phones, and outside food items are not permitted. If these items are brought into the facility, you will be asked to take them to your vehicle. Any clothing or school items must be left with reception for a safety search.

PHONE CALLS

How often can I call my child?

Phone call times are outlined in the program handbook. No incoming calls are permitted during phone times. Your child may call any of the telephone numbers approved on the visitation list generated at admission.

Can I check on my child each day?

There is a Registered Nurse available 24/7. You must provide your child's privacy code prior to your call being connected. All callers must be on the approved caller list. We will not transfer any call/caller without your child's privacy code.

EDUCATION

Will my child be able to complete schoolwork during their treatment?

There is academic time every day. A special education certified teacher is available to provide one-to-one instruction. Parents/Guardians must contact the school for assignments and bring the materials to Kempsville.

MEDICAL CARE

How will my child's physical health be monitored during their treatment?

Nurses provide care and supervision 24-hours per day. In addition, your child will meet with our pediatrician or nurse practitioner for a history and physical following admission. These providers are available for the duration of your child's stay in the event medical care is needed.

PARTIAL HOSPITALIZATION & RESIDENTIAL TREATMENT

What if my child needs long-term treatment?

Some children have ongoing psychiatric needs that are more successfully addressed in an intensive, partial hospitalization or residential program. If you have questions about these programs, contact the Clinical Assessment Team at any time or speak with your child's therapist.

