



RISK FACTORS FOR CONSIDERING PARTIAL HOSPITALIZATION

Adolescents struggling with acute mental health issues:

- Unable to maintain consistent attendance in school or maintain relationships.
- Constantly struggling with feelings of harming themselves or others.
- May be performing adequately academically but emotionally are struggling in and out of school, home and their community.
- Are currently receiving treatment for mental illness.
- Are involved with other mental health services/providers but are not progressing or are struggling to meet therapy goals.

FREE MENTAL HEALTH RISK ASSESSMENTS

24 HOURS A DAY

7 DAYS A WEEK

NO REFERRAL needed from a doctor, emergency room or mental health professional.

OTHER SERVICES WE PROVIDE

Acute Inpatient Hospitalization:

- For children and adolescents age 4-17
- 7 to 10 day average length of stay

Long-term Residential Program:

- For adolescents ages 11-17
- Length of stay is based on individual treatment goals

860 Kempsville Road
Norfolk, VA 23502
(757)461-4565
Toll Free: (877)409-2228
www.kempsvillecenter.com

Accredited and Licensed by:

The Joint Commission (TJC)

Virginia Association of Independent Specialized Education Facilities (VAISEF)

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

TRICARE Certified

PARTIAL HOSPITALIZATION PROGRAM

Supporting the Mental Health Needs of Children and Adolescents



757.461.4565 • 877.409.2228

www.kempsvillecenter.com

860 Kempsville Road • Norfolk, VA 23502

What is PHP (Partial Hospitalization Program)?

PHP is an intensive step down day-time, out-patient therapy program for adolescents ages 11-17.

Who will my child be working with in the program?

The team includes a psychiatrist, therapist, a nurse, mental health technician(s) and other allied therapy professionals.

What kind of treatment will my child receive in the program?

PHP addresses the developmental, emotional, and psychiatric concerns of each patient through a cognitive behavioral therapy focus. Your child will receive medication management, individual, group, family, and activity therapy.

How long is the PHP day?

The treatment day starts promptly at 8:30AM. Patients can arrive as early as 8:00. The day ends at 4:30 and patients must be picked up by 5:00 PM.

My child has been working with a therapist in the community? Will s/he continue to see their therapist outside of PHP?

No. The PHP therapist will maintain contact with your child's therapist in the community to plan for a positive transition after discharge.

How long will my child be in PHP?

Treatment is different for every child. The average length of stay for PHP will vary from 3-6 weeks. Your child's therapist will talk with you after the first few days of treatment and the date for discharge will be evaluated weekly.

What about school?

There is academic time each day. A special education certified teacher is available to provide one-to-one instruction as well as academic group support.

Grad Point is an online educational program that is recognized by the Virginia Department of Education and is used by many programs throughout the state to support students in different situations to maintain academic progress.

Will my child be excused for absences while getting treatment in PHP?

The Virginia Department of Education has clear guidelines that all school districts follow regarding the handling of absences. While it can vary from district to district or school-to-school our Educational Consultant/Teacher will support you and your children with the process for addressing absences at your child's school.

My child is enrolled in AP/honors classes. Would he/she be able to stay on track?

The Grad Point online learning program is designed to meet your child's needs, whether they require more instructional support or are an academically advanced student. We will offer Honors and AP classes in all core content areas and they will also have some of these options available to them through our elective courses that are offered.

However, specific questions about whether a student will be able to return to school at the same level will have to be answered by your child's school.

My child is enrolled in special education services. How does this affect their involvement in PHP?

The clinical and education services provided in PHP are designed to meet each child's needs. Therefore, once accepted into PHP the team will devise treatment goals and plans that take into consideration special education needs.

If admitted to PHP, what does my child need to have/bring?

The students will only be able to bring program approved materials each day. The Program Handbook has a detailed list. Personal belongings are required to be placed in student lockers located in the front waiting room of PHP.

