

Adolescent Residential Care

WHY RESIDENTIAL CARE?

Residential treatment is the best option for teens that have persistent mental health treatment needs, despite ongoing involvement in outpatient therapy, community based services and acute and/or partial hospitalization intervention.

WHAT KIND OF TREATMENT DOES KEMPSVILLE'S RESIDENTIAL PROGRAM PROVIDE?

Kempsville Center for Behavioral Health (KCBH) provides a trauma informed cognitive behavioral therapy approach to treatment. We work with your child in real life situations in a residential setting to help them understand the connection between their thoughts, feelings, and behaviors. We work to help your child identify triggers, manage emotions, think through consequences, and practice appropriate self-care.

FAMILY FOCUSED TREATMENT

Weekly family therapy is an essential part of the program at KCBH. Daily phone calls and unlimited access to staff to get updates and check-in as well as visitation throughout the week are tools for continued family engagement. You, your child and your team will also work on scheduling time at home to keep the family connected and focused on achieving the treatment goals.

CLINICAL TEAM

- Your child will be under the care of a psychiatrist who will organize their care.
- Your child will have a Therapist who will focus on the primary goals you and your child develop to accomplish while in the program.
- 24 hour support and care provided by Psychiatric Nurses and Mental Health Professional
- 24 hour on-call physicians, psychiatrist and therapists for any unforeseen emergencies or concerns
- Certified Substance Abuse Counselor
- Certified Special Education teachers
- CRTS – Certified Recreational Therapist Specialists

WHAT DO WE DO FOR FUN?

Our team of Recreational Therapists engage your child in physical exercise, dance, yoga, sports, and art therapy projects that encourage your student to discover and develop their talents!

Your child will have opportunities to go on outings with staff to local museums, parks, movie theaters, the beach, horseback riding, hiking, and special lunch and dinner outings. There are weekly movie nights in the dorms, game times and many other activities throughout the week.

KEMPSVILLE ACADEMY

Kempsville Academy is a licensed and accredited private school for Kempsville Residents. Staffed by special education certified teachers that can administer SOLs, your student will maintain or improve their academic progress and will leave the Academy with grades and a transcript when they transfer back to school.

We also use Grad Point, an online based curriculum that is endorsed by the Virginia Department of Education to challenge your student and engage them academically.

Students will receive one-to-one support and work with the class on special projects such as: newsletters, research projects, talent shows, choir presentations, honor roll and awards ceremonies. Parents and families are invited to our school to participate in these programs and applaud your student's achievements!

MY CHILD NEEDS RESIDENTIAL CARE... NOW WHAT?

We are here to help you. The clinical team will be able to help answer questions about the application, insurance, how to talk to your child/teen, what to bring, enrolling in our private school and what to expect in the days and weeks ahead.

CONTACT US

Kempsville Center for Behavioral Health

757-461-4565

(Toll Free) 1-877-409-2228

860 Kempsville Road, Norfolk, VA 23502

www.kempsvillecenter.com

OTHER SERVICES WE PROVIDE

Acute/Short Term Crisis Stabilization Treatment: Children and Teens up to 18 years of age

Partial Hospitalization Treatment: Adolescents 11 – 18 years of age

FREE MENTAL HEALTH RISK ASSESSMENTS – 24 HOURS A DAY – 7 DAYS A WEEK

NO REFERRAL NEEDED FROM A DOCTOR OR MENTAL HEALTH PROFESSIONAL.

TRICARE Certified and other insurance plans accepted

MILITARY DEPENDENTS

As a Tricare Certified program, we support many military families and their children every day. There are unique strains on the military family and at Kempsville military families will have the support of knowledgeable staff to navigate the services and resources available to them.

ACCREDITED AND LICENSED BY

The Joint Commission (TJC)

Virginia Association of Independent Specialized Education Facilities (VAISEF)

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

